



Family Life Advisory Committee
Monday, March 25, 2024 - 6:30 PM

AGENDA

Location of Meeting:
Professional Development Center
604 West Musser Street
Carson City, NV 89703

Introduction of Committee Members

1. Adoption of the agenda, as submitted – **for possible action (public comment will be taken prior to any action).**
2. Approval of the FLAC minutes from Feb. 26, 2024. – **for possible action.**
3. Review of Handling Bullies When You're LGBTQ by Human Relations Media – This video was originally approved for grades 6 and up in 2020. – **for possible action.**

Standards aligned with this resource:

- 1.ME.MS.1 Connect the relationship between mental health and physical health.
- 1.ME.HS.1 Investigate the relationship between mental health and physical health.
- 1.ME.MS.2 Identify how loss, grief, trauma, and emotional distress may influence self-injurious or suicidal behaviors.
- 1.ME.HS.2 Analyze ways to decrease the risk of self-injurious or suicidal behaviors.
- 1.PS.MS.1 Define personal boundaries and clear limits for self and recognize personal boundaries of others.
- 1.PS.HS.1 Develop personal boundaries and clear limits for self and recognize the importance of not violating the personal boundaries of others
- 1.PS.MS.3 Summarize the reporting process and include where, when, and to whom to report unsafe situations.
- 1.PS.HS.3 Diagram the reporting process and include where, when, and whom to report unsafe situations.
- 1.PS.MS.2 Investigate the impact of various abusive and coercive behaviors including mental, physical, social, economic, and legal consequences.

- 1.PS.HS.2 Analyze the impact related to various abusive and coercive behaviors including mental, physical, social, economic, and legal consequences.
 - 2.AF.MS.1 Explain how the perceptions of current social expectations influence healthy and unhealthy behaviors.
 - 2.AF.HS.1 Analyze how the perceptions of current social expectations influence healthy and unhealthy behaviors.
4. Review [What is Human Trafficking by the U.S. Department of Homeland Security](#). This resource was originally approved for grades 5th and up in 2021. – **for possible action.**

Standards aligned with this resource:

- 1.PS.MS.5 Define human trafficking and ways to get help.
 - 1.PS.HS.5 Discuss laws regarding human trafficking.
 - 4.IC.MS.2 Demonstrate refusal and negotiation skills to avoid or reduce health risks.
 - 4.IC.HS.2 Demonstrate refusal, negotiation, and collaboration skills to enhance health and avoid or reduce health risks.
 - 1.PS.MS.3 Summarize the reporting process and include where, when, and to whom to report unsafe situations.
 - 1.PS.HS.3 Diagram the reporting process and include where, when, and whom to report unsafe situations.
5. [Review How Do Contraceptives Work?](#) – NW Hunter, YouTube Video. This video was originally approved for grades 6 and up in 2021.
- 1.HRS.MS.4b Explain the health benefits, risks and effectiveness rates of various methods of contraception, including abstinence and condoms.
 - 1.HRS.HS.4b Compare and contrast the advantages and disadvantages of various methods of contraception, including abstinence and condoms.
6. Public Comment – Comments will be accepted in person, or virtual participate on via Zoom using the link provided above. Comments may be made by members of the public on items pertaining to the Family Life Advisory Committee. Note, Public Comment will be taken on items marked “for possible action” before action is taken on such items, and members of the public are encouraged to comment on such items at the time they are being considered. Speakers are instructed to limit their comments to no more than two (3) minutes regardless of whether the comments are made in person or through virtual participation.

Next Meeting Date: April 28, 2024 @ 6:30 PM

Action may be taken on any agenda item unless noted “for discussion only.”

The agenda of this meeting has been posted at the following locations: 1) School Administration Office, 1402 W. King Street; 2) District Website: www.carsoncityschools.com; 3) State of Nevada website: <https://notice.nv.gov> .

Carson City School District is pleased to provide accommodations for individuals with disabilities. If you have a disability, please let us know and we will provide assistance or accommodate you in any way that we possibly can.



Family Life Advisory Committee
Monday, February 26, 2024 - 6:30 PM

AGENDA

Location of Meeting:
Professional Development Center
604 West Musser Street
Carson City, NV 89703

Introduction of Committee Members

Present: Megan Bottom (religious), Betsy Campbell (student), Ananda Campbell (teacher), Dan Thornton (parent), Linda Lawlor (parent), Christine Sylvester (parent), Sheila Story (chair), Veronica Galas (guest), and Cheryl Macy (district).

Meeting convened at 7:00 p.m.

1. Adoption of the agenda, as submitted – **for possible action (public comment will be taken prior to any action)**. A motion was made by Dan Thornton to approve, seconded by Megan Bottom. No discussion. Motion passed unanimously.
2. Approval of the FLAC minutes from Jan 29, 2024. – **for possible action**. A motion was made by Ananda Campbell to approve the minutes from Jan. 29, 2024, seconded by Linda Lawlor. Motion passed unanimously.
3. Review [Female Reproductive Slideshow](#) and [Male Reproductive Slideshow](#) – requested for grades 7 and up. These resources are already approved for grades 9 and up. Motion made by Ms. Ananda Campbell to approve the Female and Male Slideshows for 7th grade and up, seconded by Mrs. Lawlor. No discussion. No public comment. Motion passed unanimously.
4. Review [The Surprising Effects of Pregnancy](#) TEDEx Lessons Worth Sharing (2020) for grades 7 and up. It was noted that the video was very informative. Student Betsy Campbell stated she would want to watch it. Ananda Campbell made a motion to approve *The Surprising Effects of Pregnancy* for grades 7 and up for both males and females, seconded by Dan Thornton. No discussion. No public comment. Motion passed unanimously.

This resource would address the following Nevada Academic Content Standards:

- 1.HRS.MS.4a Describe the signs and symptoms of a pregnancy.
- 1.HRS.MS.4c Identify prenatal practices that can contribute to or compromise a healthy pregnancy.

5. Review [*Why It's So Hard to Cure HIV/AIDS* TED Ed talk by Janet Iwasa](#) (2015) for grades 7 and up. Ms. Bottom noted that the resource was published in 2015 making the data outdated, and Mrs. Story noted that the stats are from 2012. Ms. Bottom noted that the content was good. Ms. Campbell noted that the method of presenting the information is valuable and that teachers could update the statistics. For example, the video states one person has been cured of AIDS, but recent data states three have been cured. Ms. Ananda Campbell noted that Janet Iwasa has other resources, including a tool students can use to animate molecular concepts. Ms. Ananda Campbell motioned to approve *Why It's So Hard to Cure HIV/AIDS* for grade 7 and up for both boys and girls **with the suggestion that teachers update the statistics regarding cures and number of deaths.** Seconded by Mr. Thornton. No discussion. No public comment. Motion passed unanimously.

This resource would address the following Nevada Academic Content Standard:

1.HRS.MS.5b Discuss current preventative approaches, including, but not limited to, HPV vaccinations to combat HIV/AIDS and related communicable diseases (STDs/STIs).

6. Review [*Use Your Words*](#) published by Washoe County School District. No publication date available. Ms. Campbell asked if the slideshow was available as a slideshow, not just a PDF. Mrs. Macy noted that this is the only available resource; however, it could be used to create a slideshow. Ms. Campbell explained that the resources on the last page need to be reviewed to ensure they are up-to-date. Ms. Betsy Campbell noted that it's very straightforward. Mrs. Story liked that it covered that saying yes once doesn't mean you always mean yes. Ms. Ananda Campbell noted that it also covers kissing. Ms. Ananda Campbell made a motion to approve *Use Your Words* lesson plan and slide resources for 7th grade and up for both girls and boys **with a reminder to teachers to update the resources slide to include local resources.** Ms. Bottom seconded. No discussion. No public comment. Motion passed unanimously.

This resource would address the following Nevada Academic Content Standards:

- 1.HRS.MS.7a Define sexual consent and explain its implications for sexual decision-making.
 - 1.HRS.MS.7b Discuss laws relating to the sexual conduct of minors, including consent, and criminal sexual conduct.
7. Review short articles from the Nemours Foundation: Ms. Ananda Campbell noted that the Nemours Foundation is a well-respected foundation. Ms. Ananda Campbell noted that the images represent diverse populations. Mrs. Story recognized that the information is straightforward. Mrs. Lawlor made a motion to approve the Nemours Foundation articles for grades 7 and up. Mr. Thornton seconded. Mrs. Story stated that the materials complement the other materials reviewed. No further discussion. No public comment. Motion passed unanimously.

<https://kidshealth.org/en/teens/supplies.html> updated 2019

<https://kidshealth.org/en/teens/puberty.html> updated 2023

<https://kidshealth.org/en/teens/male-repro.html> updated 2023

<https://kidshealth.org/en/teens/female-repro.html> updated 2023

<https://kidshealth.org/en/teens/menstruation.html> updated 2018

<https://kidshealth.org/en/teens/contraception.html> updated 2018

<https://kidshealth.org/en/teens/abstinence.html> updated 2022

<https://kidshealth.org/en/teens/std-hiv.html> updated 2022

8. Public Comment – Comments will be accepted in person, or virtual participate on via Zoom using the link provided above. Comments may be made by members of the public on items pertaining to the Family Life Advisory Committee. Note, Public Comment will be taken on items marked “for possible action” before action is taken on such items, and members of the public are encouraged to comment on such items at the time they are being considered. Speakers are instructed to limit their comments to no more than two (3) minutes regardless of whether the comments are made in person or through virtual participation.

Next Meeting Date: March 25, 2024 @ 6:30 PM

Meeting adjourned at 8:15.

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