



Family Life Advisory Committee
Monday, January 29, 2024
6:30 PM

MINUTES

Location of Meeting:
Professional Development Center
604 West Musser Street
Carson City, NV 89703

Introduction of Committee Members

Present: Megan Bottom (religious), Amanda Beer (counselor), Betsy Campbell (student), Ananda Campell (teacher), Dan Thornton (parent), Linda Lawlor (parent), Christine Sylvester (parent), Kyndra Jones (parent), Sawyer Macy (student), Sheila Story (chair), Veronica Galas (guest), and Cheryl Macy (district).

The meeting was called to order at 6:32.

1. Adoption of the agenda, as submitted – **for possible action (public comment will be taken prior to any action)**. Motion to adopt the agenda was submitted by Mr. Thornton, seconded by Mrs. Beer. No public comment. The motion passed unanimously.
2. Approval of the FLAC minutes from November 27, 2023 – **for possible action**. Motion to approve the minutes with the date of the January meeting changed to January 29 by Mrs. Beer, seconded by Mr. Thornton. The motion passed unanimously.
3. Review of the following material presented by Veronica Galas, BSN, RN, Carson City Health and Human Services, Adolescent Health Educator– **for possible action (public comment will to taken prior to any action)** –

1. *HIV and Me: Marissa's Story* video (9 minutes and 30 seconds) and accompanying instructor study guide – for use with Elementary age – 5th grade students.

<https://www.youtube.com/watch?v=S2J7bH1JQ40> – Redefine Positive is the publisher. Posted on YouTube 2015.

<https://ospi.k12.wa.us/sites/default/files/2023-08/video-teachers-guide.pdf>

The handout is a teacher guide to accompany the video. Ms. Galas noted that the data on page 4 is outdated. The questions on page 6 provide the teacher a starting point for

asking questions. The group discussed only sharing pages 6 – 9, starting with Learning Objectives. The proposed materials are for 5th grade. Currently our elementary schools use the Proctor and Gamble *Always Changing* resource. However, that resource does not cover STDs.

HIV and Me covers HIV only, but the same concepts introduced about HIV would be utilized to inform students there are other diseases called Sexually Transmitted Diseases that are spread the same way as HIV. Ms. Galas noted that the focus of the materials is on what is and is not contagious.

Positives of the video: the video is high quality. The video diminishes the fear around HIV and is informative.

Concerns: The video states that one way to contract HIV is through illegal drugs and does not specify that it's actually through sharing needles with others. Additionally, the video states that a person can contract HIV through sexual contact, but does not specify unprotected sex.

Ms. Campbell made a motion to approve *HIV and Me Marissa's Story* for 5th grade adding the notes to the toolbox of sharing needles and unprotected sex as risks and including pages 6-9 (Learning Objectives on) from the teacher resources. Seconded by Mr. Thornton. No public comment. Motion passed unanimously.

2. *Promoting Health Among Teens - Abstinence Only* – for use with Middle School
Table of Contents: ETR (2016)

<https://www.etr.org/ebi/assets/File/PHAT-AB-TOC.pdf>

<https://www.etr.org/ebi/programs/promoting-health-among-teens-abstinence-only/>

The curriculum is taught by Carson City Health and Human Services. Ms. Galas passed out copies of the curriculum and explained it. This resource only focuses on abstinence. Students can ask any question that can be answered by the instructor. For example, a student can ask a question about condoms that can be answered by the instructor. This curriculum differs from the high school level in that it covers anatomy, and the high school has content on risks of certain behaviors.

Positives: This resource fills a gap in terms of materials at the middle school level.

Concerns: Module 8 promotes negotiation skills. Ms. Galas explained that the curriculum is intended to teach students how to be clear about boundaries, not to really negotiate sexual activity.

A motion was made by Ms. Ananda Campbell to approve *Promoting Health Among Teens* for grades 7 and up. Seconded by Ms. Jones. No public comment. No discussion. Motion passed unanimously.

3. Presentation of Birth Control options with accompanying Hand out – for use with Middle School. *Birth Control Grid* published by Contraceptive Action Plan (2022).

<https://caiglobal.org/wp-content/uploads/2022/09/young-adolescent-birth-control-grid.pdf>

available in Spanish

<https://caiglobal.org/wp-content/uploads/2022/09/cap-birth-control-grid-spanish.pdf>

Ms. Galas handed out copies of this resource and explained it.

Ms. Campbell made a motion to approve Birth Control Pamphlet grades 7 and up for both boys and girls. Mr. Thornton seconded. Mrs. Beers notes that the handout is a little busy. Ms. Bottom noted that the statistics on effectiveness are useful. No public comment. The motion passed unanimously.

4. Handout for use in general tool kit as well as in conjunction with already approved Making Proud Choices curriculum for use with high school students. *Your Body. Your Birth Control* published by Contraceptive Action Plan (2022).

<https://caiglobal.org/wp-content/uploads/2022/09/young-adolescent-birth-control-grid.pdf>

Available in Spanish: <https://caddwaiglobal.org/wp-content/uploads/2022/09/cap-birth-control-grid-spanish.pdf>

Page 1 covers prescription methods. Page 2 covers “Do-It-Yourself” methods. Ms. Ananda Campbell noted that the handout is very informative.

Mr. Thornton motioned to approve *Your Body. Your Birth Control*. for 7th and up. Seconded by Ms. Jones. No public comment. Motion passed unanimously.

4. Public Comment – Comments will be accepted in person, or virtual participate on via Zoom using the link provided above. Comments may be made by members of the public on items pertaining to the Family Life Advisory Committee. Note, Public Comment will be taken on items marked “for possible action” before action is taken on such items, and members of the public are encouraged to comment on such items at the time they are being considered. Speakers are instructed to limit their comments to no more than two (3) minutes regardless of whether the comments are made in person or through virtual participation.

Next Meeting Date: February 26, 2024 @ 6:30 PM

Action may be taken on any agenda item unless noted “for discussion only.”

The agenda of this meeting has been posted at the following locations: 1) School Administration Office, 1402 W. King Street; 2) District Website: www.carsoncityschools.com; 3) State of Nevada website: <https://notice.nv.gov> .

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