



Family Life Advisory Committee
Monday, January 29, 2024
6:30 PM

AGENDA

Location of Meeting:
Professional Development Center
604 West Musser Street
Carson City, NV 89703

Introduction of Committee Members

1. Adoption of the agenda, as submitted – **for possible action (public comment will be taken prior to any action).**
2. Approval of the FLAC minutes from November 27, 2023 – **for possible action.**
3. Review of the following material presented by Veronica Galas, BSN, RN, Carson City Health and Human Services, Adolescent Health Educator– **for possible action (public comment will to taken prior to any action)**

1. HIV and Me: Marissa’s Story video (9 minutes and 30 seconds) and accompanying instructor study guide – for use with Elementary age – 5th grade students

<https://www.youtube.com/watch?v=S2J7bH1JQ40>

<https://ospi.k12.wa.us/sites/default/files/2023-08/video-teachers-guide.pdf>

The same concepts introduced about HIV would be utilized to inform students there are other diseases called Sexually Transmitted Diseases that are spread the same way as HIV.

2. Promoting Health Among Teens - Abstinence Only – for use with Middle School Table of Contents:

<https://www.etr.org/ebi/assets/File/PHAT-AB-TOC.pdf>

<https://www.etr.org/ebi/programs/promoting-health-among-teens-abstinence-only/>

Website tabs for available curricula review:

3. Presentation of Birth Control options with accompanying Hand out – for use with Middle School

<https://caiglobal.org/wp-content/uploads/2022/09/young-adolescent-birth-control-grid.pdf>

available in Spanish

<https://caiglobal.org/wp-content/uploads/2023/06/cai-adolescent-birth-control-grid-spanish-4-23.pdf>

4. Handout for use in general tool kit as well as in conjunction with already approved Making Proud Choices Curricula = for use with High School Students

<https://caiglobal.org/wp-content/uploads/2022/09/cap-birth-control-grid-english.pdf>

Available in Spanish:

<https://caiglobal.org/wp-content/uploads/2022/09/cap-birth-control-grid-spanish.pdf>

4. Public Comment – Comments will be accepted in person, or virtual participate on via Zoom using the link provided above. Comments may be made by members of the public on items pertaining to the Family Life Advisory Committee. Note, Public Comment will be taken on items marked “for possible action” before action is taken on such items, and members of the public are encouraged to comment on such items at the time they are being considered. Speakers are instructed to limit their comments to no more than two (3) minutes regardless of whether the comments are made in person or through virtual participation.

Next Meeting Date: February 26, 2024 @ 6:30 PM

Action may be taken on any agenda item unless noted “for discussion only.”

The agenda of this meeting has been posted at the following locations: 1) School Administration Office, 1402 W. King Street; 2) District Website: www.carsoncityschools.com; 3) State of Nevada website: <https://notice.nv.gov>.

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**Family Life Advisory Committee
Monday, November 27, 2023**

6:30 PM

MINUTES

**Location of Meeting:
Professional Development Center
604 West Musser Street
Carson City, NV 89703**

Introduction of Committee Members

Sheila Story (chair), Ananda Campbell (teacher), Stephanie Cook (parent), Kyndra Jones (parent), Amanda Beer (counselor), Dan Thornton (parent), Linda Lawlor (parent), Betsy Campbell (student), Sawyer Macy (student), and Cheryl Macy (district).

1. Adoption of the agenda, as submitted – **for possible action (public comment will be taken prior to any action)**. Cook, Thornton – passed unanimously
2. Approval of the FLAC minutes from October 30, 2023 – **for possible action**.
 - Title of document changed from AGENDA to MINUTES.
 - Ms. Beer’s name was corrected on item number 2.
 - Mr. Thornton made a motion to approve the minutes from October 30, 2023 with the noted changes. Ms. Ananda Campbell seconded. Motion passed unanimously.
3. Review of the following videos by: Human Relations Media – **for possible action (public comment will be taken prior to any action)**
 - You, Your Body and Puberty
 - <https://www.hrmvideo.com/catalog/you-your-body-and-puberty>
 - Ms. Cook thought the video explained things well. Ms. Jones explained that she liked the information covered real life changes, such as a body odor changes. Ms. Lawlor liked that the adult the children talked to represented different relationships. Ms. Ananda Campbell noted that the lack of seatbelts was concerning and that the video is old, but that the information was good. She also liked that there were a number of comments about thinking about the kind of adult you want to be and that differences are normalized. Ms. Betsy Campbell thought the style was old, but that the content was good. Mr. Macy thought the straight-forward the content was solid and absent of silly jokes. Ms. Betsy Campbell noted that the style makes the video less relatable. Students Ms. Betsy Campbell and Mr. Macy stated that they were both engaged, but they would prefer a newer video. Ms. Ananda Campbell suggested that we make sure we don’t already have it in the district. Ms. Ananda



Campbell noted that approving it for 5th grade would mean the video might be shown in 5th grade, making it difficult to teach in 7th grade.

- Ms. Lawlor made a motion to approve the resource for 6th and 7th grade with the recommendation that the teacher seek out more up-to-date products. Mr. Thornton seconded. No public comment. No further discussion. The motion passed unanimously.

- Mommy, Daddy, Wait for Me: Struggles of Teen Parents

- <https://www.hrmvideo.com/catalog/mommy-daddy-wait-for-me-the-struggles-of-teen-parents>

- Mr. Macy noted that this video relies on fear tactics. Ms. Lawlor noted that while fear is the focus, much of the content is accurate. Ms. Cook explained that the content is not necessarily universal. Ms. Lawlor explained that the financial issues noted in the video are true for a couple she knows who are currently going through a similar situation. Ms. Beer expressed concern that the video offers no hope, and Mr. Macy noted that the video discourages ever having children. Ms. Beer noted that the video states that condoms cost \$3, but they currently cost \$9, but she liked that the video talks about means of getting birth control. Ms. Story explained that Carson City Health and Human Services offer free condoms. Ms. Ananda Campbell did not like the language regarding a “normal” birth in reference to a vaginal birth and language regarding one father having to “man up.” Ms. Story noted that the statistics are likely outdated, such as the percentage of teen mothers having to have a C-Section. Ms. Ananda Campbell noted that the 7th grade curriculum should include information about what it means to have a child regardless of age, not just as a teenager. Ms. Cook explained that fear tactics are proven to not be effective with teenagers. Ms. Ananda Campbell motioned to reject *Mommy, Daddy, Wait for Me* due to outdated information, fear tactics, and negative portrayal. Ms. Cook seconded. Ms. Beer noted this video would make her feel bad if she were a teen mother, and Ms. Cook noted that there are young women who are victims of rape. No public comment. Motion passed unanimously.

- Why Abstinence? The Price Tag of Casual Sex

- <https://www.hrmvideo.com/catalog/why-abstinence-the-price-tag-of-casual-sex>

- Ms. Jones noted that the video was outdated in terms of HIV treatment. Mr. Thornton noted that the entire second half of the video was an anti-AIDS advertisement and is not appropriate for the topic. Ms. Story noted that the statistics are outdated due to the video being about twenty years old. Ms. Ananda Campbell explained that during an era when we were trying to change understanding of AIDS by explaining that it’s not just a gay man’s disease, the video was appropriate, but for today’s understanding, this video is not appropriate. Ms. Ananda Campbell made a motion to reject the video based on outdated scientific information. Ms. Cook seconded. No public comment. No further discussion. Motion passed unanimously.

4. Public Comment – Comments will be accepted in person, or virtual participate on via Zoom using the link provided above. Comments may be made by members of the public on items pertaining to the Family Life Advisory Committee. Note, Public Comment will be taken on items marked “for possible action” before action is taken on such items, and members of the public are encouraged to comment on such items at the time they are being considered. Speakers are

instructed to limit their comments to no more than two (3) minutes regardless of whether the comments are made in person or through virtual participation.

No public comment.

Meeting adjourned at 8:33.

Next Meeting Date: January 22, 2024 @ 6:30 PM

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