



1402 W. King Street / P.O. Box 603, Carson City, Nevada 89702
Telephone (775) 283-2100 / Fax (775) 283-2090

Family Life Advisory Committee Monday, October 30, 2023

6:30 PM

MINUTES

**Location of Meeting:
Professional Development Center
604 West Musser Street
Carson City, NV 89703**

Introduction of Committee Members

Present: Sheila Story (chair), Ananda Campbell (teacher), Christine Sylvester (parent), Stephanie Cook (parent), Kyndra Jones (parent), Roni Galas (community), Amanda Beer (counselor), Dan Thornton (parent), Sawyer Macy (student), and Cheryl Macy (district).

1. Adoption of the agenda, as submitted – **for possible action (public comment will be taken prior to any action)**. Motion to adopt the October 30, 2023 agenda was made by Mr. Thornton. Ms. Campbell seconded. Motion passed unanimously.
2. Approval of the FLAC minutes from May 15, 2023 – **for possible action**. It was noted in the minutes that the resource “Preventing Child Abuse: What Parents Need to Know” would be agendaized for the October meeting. Because this did not happen, the group agreed to add it to the November agenda. Motion to adopt the May minutes was made by Ms. Jones, seconded by Ms. Beer. Abstained by Cook and Campbell. Motion approved.
3. Report on the Final School Board approval of FLAC material for 2022/2023 school year. - Mrs. Story distributed the list of resources that the board approved at the July 25 school board meeting.
4. Review of NRS 389.036 regarding Family Life Advisory Committee. Mrs. Story distributed this state law that establishes the need for this committee.
5. Review of Family Life Advisory Committee Rules and Procedures - Mrs. Story distributed the Rules of Procedure. The committee discussed why students do not vote. It was suggested that this be added to the November agenda as a point of discussion. Mrs. Macy clarified that the committee would have to vote to recommend this revision to the board, and the school board would have to approve this revision.

6. Review of the following videos by: Human Relations Media – **for possible action (public comment will be taken prior to any action)** The committee reviewed each of the videos submitted for middle school health courses. The videos are trailers for longer videos.
- You, Your Body and Puberty - <https://www.hrmvideo.com/catalog/you-your-body-and-puberty> -
 - Ms. Beer noted that this short video shown out of context doesn't have any useful content. Mrs. Sylvester noted that there is very little information. Mrs. Story agreed that the video likely will not add to any classroom content. Ms. Campbell noted that the video doesn't address any standards.
 - A motion was made by Ms. Campbell to decline the *You, Your Body and Puberty* due to lack of content. Seconded by Mr. Thornton.
 - No public comment.
 - Motion passed unanimously.
 - Human Reproduction and Childbirth trailer
 - <https://www.hrmvideo.com/catalog/human-reproduction-and-childbirth> –
 - Ms. Campbell made motion to deny use of *Human Reproduction and Childbirth* trailer because it is incomplete and because we have already approved [the full-length version](#). Ms. Cook seconded.
 - Public comment: Ms. Galas noted that “trailer” should be added when reviewing the excerpt so that there is no confusion.
 - Motion passed unanimously.
 - Am I Ready? Making Healthy Sexual Decisions
 - <https://www.hrmvideo.com/catalog/am-i-ready-making-healthy-sexual-decisions>
 - Mrs. Sylvester noted that the video has more content than the other two. Mrs. Cook thought the video style would appeal to teenagers, but that the video used scare tactics. Ms. Beer liked that anal and oral sex were mentioned in a way that was not jaded or slanted. She agreed with the message that sex is risky and that it includes statistics. Ms. Beer that the video could be used as a trailer. Mr. Macy suggested that a video be chosen that approaches it with less of a scare tactic. Ms. Campbell noted that the video – as an excerpt – does not provide enough content or context. Mrs. Sylvester noted that the video could be used as a conversation starter. Ms. Cook suggested the committee ask for the whole video; Mrs. Sylvester and Ms. Beer stated that they believe it can be useful as a clip. Mr. Macy believes that the teachers could use it as a discussion starter. Ms. Campbell stated that if the video is being approved as a toolbox for the purpose of it being a conversation starter, then she would be in support of the video. Ms. Beer made a motion to approve *Am I Ready? Making Healthy Sexual Decisions* in trailer form for grades 7 and up. Ms. Campbell seconded.
 - Public comment: Ms. Galas noted that there is a lot of potential for discussion from this one video. She also mentioned that the website offers a free viewing with a limited time frame of the full-length video.
 - The motion passed with 5-1.
 - Mommy, Daddy, Wait for Me: Struggles of Teen Parents
 - <https://www.hrmvideo.com/catalog/mommy-daddy-wait-for-me-the-struggles-of-teen-parents>
 - Ms. Cook noted that the video does show the struggles of a teen parent, and that it is also pretty old. She suggested the committee find a more up-to-date video. Ms. Campbell asked if we have another resource that covers teen parenting. Mrs. Story noted that we do not. Ms.

Beer noted that the video is realistic. Mr. Thornton stated the as a trailer, the video does not give enough information. Ms. Campbell noted that the body image subtext is not positive. Ms. Jones liked that the video was relatable and that it addresses teen loneliness. Ms. Campbell noted that the video provides a narrow view of a complex topic. The fuller video may include a more thorough exploration of the topic. Ms. Campbell stated that without another resource paired with it, she would not approve *Mommy, Daddy, Wait for Me: Struggles of Teen Parents as a resource*. Mr. Thornton motioned to not approve the video based incomplete information. Ms. Cook seconded.

- Ms. Jones suggested we find another resource.
 - Mrs. Campbell suggested we look for something outside of this publisher and noted that the topic is very important.
 - Public comment: Mrs. Macy noted that research shows that resources that use scare tactics with teens have been shown in research to not be effective.
 - The motion passed unanimously.
- Why Abstinence? The Price Tag of Casual Sex
- <https://www.hrmvideo.com/catalog/why-abstinence-the-price-tag-of-casual-sex>
 - Mrs. Sylvester noted that this video includes males. Ms. Cook noted the video was created in the 1980s. Mr. Thornton noted that this video is also based on scare tactics. The video does not provide a definition of abstinence. Ms. Jones noted that the video isn't entirely realistic.
 - Making Proud Choices, an approved resource, covers these topics, but it is taught at the high school level.
 - Ms. Campbell made a motion to decline *Why Abstinence? The Price Tag of Casual Sex* trailer due to outdated and limited content. Ms. Beer seconded.
 - No public comment.
 - Ms. Beer asked that we ensure that the health teachers are aware of what is available to them.
 - The motion passed unanimously.

7. Public Comment – Comments will be accepted in person, or virtual participate on via Zoom using the link provided above. Comments may be made by members of the public on items pertaining to the Family Life Advisory Committee. Note, Public Comment will be taken on items marked “for possible action” before action is taken on such items, and members of the public are encouraged to comment on such items at the time they are being considered. Speakers are instructed to limit their comments to no more than two (3) minutes regardless of whether the comments are made in person or through virtual participation.

- Mrs. Campbell suggested the document be made into a spreadsheet that includes publisher and standards, which makes it easy to find information via the filter function.

8. The meeting was adjourned at 8:26 p.m.

Next Meeting Date: November 27, 2023 @ 6:30 PM

Action may be taken on any agenda item unless noted “for discussion only.”

The agenda of this meeting has been posted at the following locations: 1) School Administration Office, 1402 W. King Street; 2) District Website: www.carsoncityschools.com; 3) State of Nevada website: <https://notice.nv.gov> .

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