



**Family Life Advisory Committee**  
**Monday, May 15, 2023**  
**6:30 PM**

**MINUTES**

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**Location of Meeting:**  
**Carson City School District**  
**1402 West King Street**

Present: Linda Lawlor, Kyndra Jones, Christine Sylvester, Fawn Lewis, Stella Thornton, Dan Thornton, Sheila Story, Veronica Galas (community member)

1. Adoption of the agenda, as submitted – **for possible action (public comment will be taken prior to any action)**. – Mr. Thornton motioned, Ms. Lewis seconded, to adopt the agenda as is.
2. Approval of the FLAC minutes from April 17, 2023 – **for possible action**. – Mrs. Lawlor motioned, Mr. Thornton seconded, to adopt with no changes. No public comment. The motion passed unanimously.
3. Review of “Making Proud Choices” Video – Veronica Galas, BSN, RN – Carson City Health and Human Services - **for discussion and possible action** –

“Making Proud Choices” video - “STD” by ETR

This material was originally approved on November 27, 2017. The committee watched the DVD video. Ms. Galas confirmed that the video was created in 2016. Mrs. Jones stated the video is concise and not too drawn out. Mrs. Sylvester liked that it wasn’t too heavy, while Ms. Thornton stated that she thought it was realistic. Mrs. Lawlor stated that the video gives a positive example of how a difficult situation could be handled successfully, which might encourage students to have those difficult discussions. Ms. Lewis liked that the video showed that the student had a positive role model. The group also liked the focus on abstinence. The group discussed that the content of the video would be appropriate for middle school students and that it would work for 7<sup>th</sup> grade. Ms. Lewis made a motion to approve the “Making Proud Choices” for grades 7 and up. Mrs. Jones seconded. No public comment. The motion passed unanimously.

4. Review of “Always Changing and Growing Up” – Puberty Education Instructors Guide, P & G, 2019 – **for discussion and possible action**

These materials have been requested by Fremont Elementary School. The video that accompanies these materials has already been approved. Mrs. Story passed out the materials. Mrs. Story shared that the materials have a pre-test and post-test, discussion questions, and a letter that can be sent to parents. The materials include an instructional guide as well as modules that the students complete. The materials include color diagrams of the female anatomy for girls, which is

something the committee has been looking for. Mrs. Story explained that these materials would take more than 45 minutes to complete.

Ms. Thornton stated that it includes a lot of information, but it's valuable. Ms. Jones likes that module 4 is about healthy relationships. These materials are also available in Spanish. Mrs. Lawlor made a motion to approve modules 1-4 of *Always Changing & Growing Up: Puberty Education Program* for the grades 4 through 6. Ms. Jones seconded. No public comment. Motion passed unanimously.

5. Public Comment – Comments will be accepted in person, or virtual participate on via Zoom using the link provided above. Comments may be made by members of the public on items pertaining to the Family Life Advisory Committee. Note, Public Comment will be taken on items marked “for possible action” before action is taken on such items, and members of the public are encouraged to comment on such items at the time they are being considered. Speakers are instructed to limit their comments to no more than two (3) minutes regardless of whether the comments are made in person or through virtual participation.

Mr. Thornton shared a resource [“Preventing Child Abuse: What Parents Need to Know”](#) by the American Academy of Pediatrics. The article states that teaching children about body autonomy prevents sexual abuse. The group discussed ways that the material could be distributed to parents. Mrs. Lawlor shared that her office will be hosting family nights and that she can have the material available at those times. Mrs. Lawlor will have some at National Night Out. Mrs. Jones shared that pediatrician offices would be a good place that would reach all families. We will add this item to the agenda for the first meeting in the fall.

Next Meeting Date: October, 2023 @ 6:30 PM

\*Action may be taken on any agenda item unless noted “for discussion only.”\*

The agenda of this meeting has been posted at the following locations: 1) School Administration Office, 1402 W. King Street; 2) District Website: [www.carsoncityschools.com](http://www.carsoncityschools.com); 3) State of Nevada website: <https://notice.nv.gov> .

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