



1402 W. King Street / P.O. Box 603, Carson City, Nevada 89702  
Telephone (775) 283-2100 / Fax (775) 283-2090

**Family Life Advisory Committee**  
**Monday, April 17, 2023**  
**6:30 PM**

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**AGENDA**

**Location of Meeting:**  
**Carson City School District**  
**1402 West King Street**

Introduction of Committee Members

1. Adoption of the agenda, as submitted – **for possible action (public comment will be taken prior to any action).**
2. Approval of the FLAC minutes from March 20, 2023 – **for possible action.**
3. Update on the Plan B Birth control method by Dan Thornton – **for discussion only**
4. Update on “5<sup>th</sup> grade Boys Hormone Education “ - Sheila Bridges, BSN, RN - Orvis School of Nursing, Family Nurse Practitioner Student – **for discussion only**
5. Preview and Possible Action of the following educational material for the Female External Reproduction system – **for discussion and possible action.**

Female Reproductive System, Internal and External Organs produced by  
acog.org/Womens Health, ACOG, 2022

<https://www.acog.org/-/media/project/acog/acogorg/womens-health/files/infographics/femalereprosystem-print-013122.pdf?la=en&hash=535266875D3428D4FF2C1981F9EFDCB9>

Female Reproductive System by Dr. Mike, 2021

<https://www.youtube.com/watch?v=LPvqphgIYXE>

6. Public Comment – Comments will be accepted in person, or virtual participate on via Zoom using the link provided above. Comments may be made by members of the public on items pertaining to the Family Life Advisory Committee. Note, Public Comment will be taken on items marked “for possible action” before action is taken on such items, and members of the public are encouraged to comment on such items at the time they are being considered. Speakers are

instructed to limit their comments to no more than two (3) minutes regardless of whether the comments are made in person or through virtual participation.

Next Meeting Date: May 15, 2023 @ 6:30 PM

\*Action may be taken on any agenda item unless noted “for discussion only.”\*

The agenda of this meeting has been posted at the following locations: 1) School Administration Office, 1402 W. King Street; 2) District Website: [www.carsoncityschools.com](http://www.carsoncityschools.com); 3) State of Nevada website: <https://notice.nv.gov> .

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**Family Life Advisory Committee**  
**Monday, March 20, 2023**  
**6:00 to 8:00 PM**

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**MINUTES**

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**Location of Meeting:**  
**Carson City School District**  
**1402 West King Street**

**Present:** Sheila Story (Chair), Stephanie Cook (parent), Dan Thornton (parent), Linda Lawlor (parent), Kyndra Jones (parent), Stella Thornton (student), Christine Sylvester (parent), Ronni Galas (Carson City Health and Human Services), Fawn Lewis (counselor), Danielle Martin (Carson City Health and Human Services) and Cheryl Macy (district office).

The meeting was called to order at 6:05 by Mrs. Story.

1. Adoption of the agenda, as submitted – **for possible action (public comment will be taken prior to any action)**. Mrs. Bridges could not attend, so item 4 was tabled.  
A motion was made by Ms. Lewis, seconded by Mr. Thornton, to adopt the agenda with the elimination of number 4. The motion passed unanimously.
2. Approval of the FLAC minutes from January 23, 2023 – **for possible action**. Mr. Thornton noted that the FDA has since designated Plan B as “birth control.” Mrs. Story explained that this decision is being appealed, and after the decision is made, the decision is then up to the states to decide. The group discussed the need to revisit this topic once we have more information. Mr. Thornton will bring research to the committee. A motion was made by Mr. Thornton, seconded by Ms. Cook, to approve the minutes as written. No discussion. Motion passed unanimously.
3. Review of Human Reproduction and Child Birth – **for discussion and possible action**  
<https://www.youtube.com/watch?v=e71UFF-8feE> This video, currently being used by some health teachers at CHS, is being revisited. Mrs. Cook asked if childbirth is taught in freshman health. Mrs. Macy confirmed that the course scope and sequence includes a learning target that states, “Students will explain how pregnancy and prenatal care impact both the mother and fetus (HRS. HS. 4a, 4c) LT 4 &6.” It was noted that the video was created in 2009. Ms. Thornton noted that this is the only video we have seen that mentions external female genitalia. Mr. Thornton asked Ms. Thornton her adolescent perspective on the video. Ms. Thornton noted that the video explained that the video is easy to follow and that the diagrams explained the content. Mrs. Sylvester noted that the diagrams were clear without being inappropriate. Mrs. Lawlor said the video was appropriately thorough. The group discussed the age appropriateness of the video. Although it was previously

approved for 9<sup>th</sup> grade and up, the group discussed whether or not it could be approved for middle school as well. A motion was made by Mrs. Lawlor, seconded by Ms. Lewis, to approve Human Reproduction and Child Birth for 6<sup>th</sup> grade and up. No discussion. The motion passed unanimously.

4. Update on “5<sup>th</sup> grade Boys Hormone Education “ - Sheila Bridges, BSN, RN - Orvis School of Nursing, Family Nurse Practitioner Student - **for discussion only** – This item was tabled due to the presenter not being able to attend.
5. Review of Pam Stenzel’s Video– “High cost of Free Love” - **for discussion and possible action.**

<b>Date</b>	<b>Material Approved</b>	<b>Grade Levels</b>
February 13, 2017	High Cost of Free Love by Pam Stenzel <a href="https://vimeo.com/156871818">https://vimeo.com/156871818</a>	9 <sup>th</sup> and Up

The group watched this video. Some concerns regarding the video: The content relies on shame and fear to make the abstinence point. Ms. Jones noted that the science has changed. Ms. Lewis noted that the video is harsh. Ms. Thornton left the room because she was uncomfortable. Mrs. Sylvester suggested that this not be approved for all students and noted that there are families in our community that would be offended by the video’s tone. Mrs. Lawlor pointed out that the video contains some valuable information that could be presented more effectively. Ms. Jones motioned, seconded by Mr. Thornton, to remove High Cost of Free Love from the Family Life toolbox. No discussion. The motion passed unanimously.

6. Public Comment – Comments will be accepted in person, or virtual participate on via Zoom using the link provided above. Comments may be made by members of the public on items pertaining to the Family Life Advisory Committee. Note, Public Comment will be taken on items marked “for possible action” before action is taken on such items, and members of the public are encouraged to comment on such items at the time they are being considered. Speakers are instructed to limit their comments to no more than two (3) minutes regardless of whether the comments are made in person or through virtual participation.

No public comment.

Meeting adjourned at 8:12.

Next Meeting Date: April 17, 2023 @ 6:30 PM

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