



1402 W. King Street / P.O. Box 603, Carson City, Nevada 89702
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**Family Life Advisory Committee
Monday, November 28, 2022
6:30 PM**

MINUTES

**Location of Meeting:
Carson City School District
1402 West King Street
Carson City, NV 89703**

Participants may also join via zoom using the following link:

<https://carsoncityschools.zoom.us/j/88127295133?pwd=R3UrUm9NUG1Hd1FDbUk1NXVFWXJBZz09>

Present: Linda Lawlor (parent), Dan Thornton (parent), Kyndra Jones (parent), Ann Dankworth (medical), Stella Thornton (student), Stephanie Cook (parent), Vanessa White (religious), Cheryl Macy (district office), Colleen Lyons (Carson City Health Center), Ronni Galas (Carson City Health and Human Services), and Sheila Bridges (community member/Fremont nurse).

Introduction of Committee Members

1. Adoption of the agenda, as submitted – **for possible action (public comment will be taken prior to any action).**

It was moved by Ms. Cook, seconded by Mr. Thornton, that the committee adopt the agenda as written. The motion passed unanimously 6-0.

2. Approval of the FLAC minutes from October 17, 2022 – **for possible action.**

Changes noted: The title of the document should read *Minutes*, not *Agenda*. Ms. Jones' name was spelled incorrectly.

It was moved by Mr. Thornton, seconded by Ms. Dankworth, that the committee adopt the minutes with the noted changes. Ms. Dankworth seconded.

Motion passed 5-0 with one abstention.

3. Introduction of Veronica Galas,
Services

BSN, RN - Carson City Health and Human

Presentation of Making Proud Choices – Comprehensive Curriculum - **for discussion and possible action.**

Videos in need of Family Life Committee Consideration in November 2022 - (19 Minutes)

HIV, How to Protect Yourself and Others (2:33) (<https://www.youtube.com/watch?v=xK-VPgmn-18>) 2017

Sexually Transmitted Diseases (STDs), Causes, Signs and Symptoms, Diagnosis and Treatment (5:43) <https://www.youtube.com/watch?v=gVH1gY05MsA> 2021

STD Prevention Beyond Condoms (3:57) - <https://www.youtube.com/watch?v=41cFmDTABJY> 2019

Birth Control Methods and Options (6:31) - <https://www.youtube.com/watch?v=Cz1lhy0v7wc> 2021

Ms. Galas shared a handout on Making Proud Choices. The text in green is content CCSD has already adopted. Items in purple are items up for review, per request by high school health teachers. This content covers birth control, condoms, HIV and STDs. Some of these items include updated information. This resource is approved by the creating company for ages 10-19 years of age. This curriculum usually takes 8 sessions, but teachers requested 6 sessions. Because of that, some of the videos being presented are substitutions for longer videos.

The group watched the videos presented as the additional elements of the Making Proud Choices curriculum.

Concerns noted: Ms. Cook mentioned that these videos are not appropriate for middle school, while other members thought some of the videos might be appropriate for that age range. (It was noted that the request for these resources came from the high school health teachers, not the middle school teachers.) The video on birth control puts the onus on the female for responsibility for birth control choices.

Mrs. White noted a concern about video 4 calling “the morning after pill” a form of birth control. Ms. Galas noted that factually the morning after pill is not medically categorized as birth control.

Positives noted: These videos cover both abstinence and birth control.

The committee requested publication dates. YouTube publication dates are noted in red next to the video dates.

A question was raised about whether or not there are videos that are not animated. For these topics, Making Proud Choices only provides animated videos.

Dr. Collen Lyons introduced herself as the Carson City Health Officer as a family practice doctor. She is a contracted consultant with the Carson City Health and Human Services.

It was moved by Ms. Cook, and seconded by Ms. Lawlor, to approve all four videos and other curricula articulated as the extended Making Proud Choices to include clarification that Plan B is *not* a method of birth control and to include the science of how this medication works. This approval is for use in high school classes only.

No public comment was offered.

The motion passed unanimously 6-0.

4. Erin Been, health teacher at Carson High School has requested the FLAC review the following video called Contraceptive 101 <https://youtu.be/KyU88ooHSxM> - **for discussion and possible action 2017**

The group watched the video.

Benefits noted: The video focuses on data, includes content related to perfect use vs. typical use, uses visuals that are more realistic and not as childish, explains Plan B as emergency birth control, offers more choices.

Concerns noted: The video does not distinguish birth control from Plan B; there are likely better videos; the video again focuses on female responsibility of birth control.

It was moved by Mr. Thornton, seconded by Ms. Jones, motioned to accept *Contraceptive 101* as an item to be added to the toolbox for teaching high school family life standards.

The motion passed 4-2.

Mr. Thornton, Ms. Cook, Ms. Lawlor, and Ms. Jones voted *aye*.

Ms. White and Ms. Dankworth voted *nay*.

5. Public Comment – Comments will be accepted in person, or virtual participate on via Zoom using the link provided above. Comments may be made by members of the public on items pertaining to the Family Life Advisory Committee. Note, Public Comment will be taken on items marked “for possible action” before action is taken on such items, and members of the public are encouraged to comment on such items at the time they are being considered. Speakers are instructed to limit their comments to no more than two (3) minutes regardless of whether the comments are made in person or through virtual participation.

Sheila Bridges, Fremont Elementary school nurse spoke on the gap in education for boys. She is trying to find a way to fill this gap as part of her program she is developing for her doctoral program.

The meeting was adjourned at 8:14.

Next Meeting Date: December 19, 2022 @ 6:30 PM

Action may be taken on any agenda item unless noted “for discussion only.”

The agenda of this meeting has been posted at the following locations: 1) School Administration Office, 1402 W. King Street; 2) District Website: www.carsoncityschools.com; 3) State of Nevada website: <https://notice.nv.gov> .

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