



1402 W. King Street / P.O. Box 603, Carson City, Nevada 89702
Telephone (775) 283-2100 / Fax (775) 283-2090

Family Life Advisory Committee
Monday, October 17, 2022
6:30 PM

Minutes

Location of Meeting:
Carson City School District
1402 West King Street
Carson City, NV 89703

Participants may also join via zoom using the following link:

<https://carsoncityschools.zoom.us/j/88127295133?pwd=R3UrUm9NUG1Hd1FDUk1NXVFWXJBZz09>

The meeting was called to order at 6:35 p.m.

Present: Sheila Story, Linda Lawlor (parent), McDaniel, Dan Thornton (parent), Kyndra Williams (parent), Ann Dankworth (medical), Fawn Lewis (counselor), Stella Thornton (student), Cheryl Macy (district office), and Matt Clapham (community member – non-voting).

1. Adoption of the agenda, as submitted – **for possible action (public comment will be taken prior to any action)**. Ms. Dankworth motioned to approve the agenda. Mrs. Lawlor seconded. The motion passed unanimously.
2. Approval of the FLAC minutes from April 4, 2022 or May 2, 2022 – **for possible action. It was noted that the minutes are from April 4, 2022, not May 2, 2022.** Mr. Thornton motioned to approve the minutes as corrected. Mrs. Dankworth seconded. The motion passed unanimously.
3. Provide copies of the Family Life Advisory Committee Rules and Procedures, and Schedule of Meetings for the 2022/2023 school year – **for discussion only.** Mrs. Story shared the Rules and Procedures, which were adopted the previous year by both the committee and the Carson City School District School Board.
4. Introduction of Veronica Galas, BSN, RN - Carson City Health and Human Services
Presentation of Making Proud Choices – Comprehensive Curriculum - **for discussion and possible action.** Ms. Galas presented on material from Making Proud Choices. The program currently offered with the district is Promoting Health Among Teens. Making Proud Choices has additional components, specifically more comprehensive instruction on the spread of HIV and other STDs, abstinence, use of condoms (including a demonstration), pregnancy, types of birth control, age of consent, attitudes, and a *Stop, Think, and Act* strategy. The committee watched the DVD “Wrapping It Up in 9 Easy Steps.” The committee asked for a list of each of the sections that the

committee will decide upon. The committee decided to watch the rest of the videos at the November 14 meeting. Prior to that meeting, Ms. Galas will send out a list of the content color-coded by what we already include, what can be added, and what Ms. Galas does not offer. No action was taken by the committee.

1. Introduction of Sheila Bridges, BSN, RN – UNR, Orvis School of Nursing Presenting Education for 5th grade males on Hormonal Changes that can present Emotional and Physical Concerns - **for discussion and possible action.** Mrs. Story introduced Sheila Bridges, doctoral nursing student at UNR and Fremont Elementary school nurse. Ms. Bridges is looking for a community partner for her doctoral research. Ms. Bridges has seen a deficit of support offered to boys regarding their hormonal changes. She is developing a curriculum specifically for 5th grade boys on their hormonal changes, including emotional and physical changes and hygiene strategies. She expects that the teaching of this program will encompass four hours per school year. She has asked the committee to be her community partner. This would involve her presenting on the progress of her work at committee meetings. The group decided that Ms. Bridges will be invited back once she has more of the curriculum developed. No action was taken.

5. Public Comment – Comments will be accepted in person, or virtual participate on via Zoom using the link provided above. Comments may be made by members of the public on items pertaining to the Family Life Advisory Committee. Note, Public Comment will be taken on items marked “for possible action” before action is taken on such items, and members of the public are encouraged to comment on such items at the time they are being considered. Speakers are instructed to limit their comments to no more than two (3) minutes regardless of whether the comments are made in person or through virtual participation.
 - o No public comment.

The meeting was adjourned by Mrs. Story at 8:07 p.m.

Next Meeting Date: November 14, 2022 @ 6:30 PM

Note: Future meetings will be held in person only unless a specific need arises for a hybrid or fully remote meeting.

Action may be taken on any agenda item unless noted “for discussion only.”

The agenda of this meeting has been posted at the following locations: 1) School Administration Office, 1402 W. King Street; 2) District Website: www.carsoncityschools.com; 3) State of Nevada website: <https://notice.nv.gov> .

Carson City School District is pleased to provide accommodations for individuals with disabilities. If you have a disability, please let us know and we will provide assistance or accommodate you in any way that we possibly can.