



Articulation Practice in a Box

You may have some summer fun with articulation practice by creating a “speech box” that you can use to practice your speech skills. Here is what you need to do:

1. Get a box of any kind (e.g., shoe box, tissue box, cereal box). Cut an opening into the box that allows you to fit your hand into the box. You could use a bag or other container if you don't have a box.
2. If you wish, decorate your box 😊
3. Find things around the house and in nature that have your speech sound. Place them in the box. You can also use magazine pictures, cards, clip art pictures, and pictures on packaging.
4. Each day, use the box to practice **using your best speech**. Here are several ideas. You may do any of the following or choose other ways to practice—have fun!!!
 - Play a guessing game! Describe an item and have a friend guess what it is.
 - Pull objects out of the box and say a sentence about them.
 - Hide objects around the room and describe to a friend where to find them.
 - Choose items from the box, lay them out, then hide them back in the box. Have a friend try to remember the items you pulled out.
 - Memory: Try to name all the items in the box without looking at them.
 - Use your imagination to think of other ways to practice.
5. Make a list the items you place into your box for practice. Put your list in the box too!

Have fun practicing your wonderful speech skills!!!!

