

**BOARD OF TRUSTEES
CARSON CITY SCHOOL DISTRICT**

**POLICY 550
STUDENTS**

MANAGEMENT OF CONCUSSIONS AND HEAD INJURIES

Participation in activities and sanctioned sports is a privilege and responsibility which requires all participants to adhere to certain precautionary measures. One such precaution addresses the prevention, treatment and management of head injuries which might be attributed to participation in competitive sports.

A concussion is a brain injury that results from a bump, blow or jolt to the head or body which causes the brain to move rapidly in the skull and which disrupts normal brain function. The Centers for Disease Control and Prevention of the United States Department of Health and Human Services estimates that as many as 3.8 million* concussions occur each year in the United States which are related to participation in sports and other recreational activities.

Student athletes who continue to participate in competitive sports while suffering from a concussion or suffering from the symptoms of an injury to the head are at a greater risk for catastrophic injury to the brain or even death.

It is the policy of the Carson City School District that coaches and athletic directors provide education and training in the proper protection, prevention and treatment of head injuries, and that a student athlete who sustains or is suspected of sustaining a concussion or other injury to the head while participating in a competitive sport is immediately removed from the event for 24 hours and allowed to return only after the parent or legal guardian provides a signed statement by a provider of health care indicating that the student is medically cleared for participation in the competitive sport and the date on which the student may return to the competitive sport.

A copy of this policy shall be provided to each student and the parents or legal guardians of a student who participates in a competitive sport before the student participates in the sport and annually thereafter, and the District shall be provided a signed statement by the student and his or her parent or legal guardian that they have read and understand the terms and conditions of this policy.

It is believed that the requirements of this policy will significantly reduce the student's risk of sustaining greater injury.

*Based on current available data, July, 2012

Reference: NRS 386.435, NRS 392.452
Adopted: July 24, 2012
Revised: October 9, 2012 - Title Change