

**BOARD OF TRUSTEES
CARSON CITY SCHOOL DISTRICT**

**REGULATION 550
STUDENTS**

MANAGEMENT OF CONCUSSIONS AND HEAD INJURIES

Each school year before a student athlete is allowed to participate in an interscholastic activity or event, the student athlete and his or her parent or legal guardian must be provided with a copy of this regulation. Participation in interscholastic activities or events shall be construed in accordance with the definition of “participation” as set forth in NAC 386.615 and 386.695.

Prior to participation in competitive sports, each student athlete and his or her parent or legal guardian must sign the statement attached to this regulation acknowledging that they have read and understand the terms and conditions of the underlying policy and this regulation, and agree to be bound by the same.

Coaches and athletic directors will provide education and training to student athletes, their parents, and legal guardians, in the proper protection, prevention and treatment of head injuries.

If a student athlete sustains, or is suspected of sustaining, an injury to the head while participating in any CCSD competitive sport(s) the student must:

- (a) Be immediately removed from the activity or event for at least 24 hours.
This may reduce the likelihood of “Second Impact Syndrome”, which can lead to serious or permanent head injury or death; and
- (b) Following the 24 hour exclusion, the student may only return to the activity or event if the parent or legal guardian of the student athlete first provides the athletic administrator or Principal of the school a signed statement from a provider of health care indicating that the student athlete is medically cleared for participation in the activity or event. The statement must include the date on which the student may return to the activity or event.
- (c) "Provider of health care," as used in (b), above, means a physician licensed under Chapter 630 or 633 of the Nevada Revised Statutes ("NRS"), a physical therapist licensed under Chapter 640 of NRS or an athletic trainer licensed under Chapter 640B of NRS.

Reference: NRS 386.435, NRS 392.452

Adopted: July 24, 2012

Revised: October 9, 2012 - Title Change