know very little about what's to come.

Parents are struggling to find ways to keep their little ones education but also entertained while confined to their homes.

Julie Keller started a program for her children.

"I knew I needed some motivation so I started a health challenge with my family," she said. "Daily points for doing healthy stuff like exercise, drinking water, avoiding treats, and doing a mindfulness activity like meditation. I've offered gift cards to whoever has the most points at Easter ... and if I win, I finally get to buy myself the AirPods I want."

Her community is also getting involved.

"My neighborhood is starting a pen pal program for the kids in school so they have something to look forward to (mail) time in my life, she said. "We have to escape from the 24-7 Coronavirus coverage, to maybe think that when we wake up tomorrow life will be back to normal. Whatever normal looks like for each of us. So pop some popcorn put in a good movie and remove yourself from reality for awhile."

We are each finding our own ways to face the unique problems this virus and the subsequent quarantine have brought upon us.

One of the most difficult aspects of it is that the outcome is unknown. It is the first time we've encountered this.

Heidi Brandow draws strength from previous plights we've overcome as a nation.

"It reminds me of post 9/11 when we were once again one American family," she said. "We will get through this."

Stokes: District will not reopen prior to April 16

Nevada Appeal staff report

Gov. Steve Sisolak has extended his public school closure order until at least April 16.

The original order closed schools across the state until April 6. The amended order aligns the closure with his order shuttering non-essential businesses in Nevada.

But officials in his administration say he may revise both of those orders, extending the school and business closures for a longer period.

The directive says schools can only reopen upon the approval of the state's chief medical officer after a review of the risk of transmission of the virus within each different geographical area of the state.

Carson City School District's spring break, scheduled for April 10 to 17, aligns with the current directive. Carson City School District Superintendent Richard Stokes reiterated that schools would not reopen prior to the April 16 directive.

Students and employees within the Carson City School District will be on spring break from April 10 to 17, so if the state's medical officer deems it safe to do so, schools will reopen April 20.

CCSD also experienced its first week of distance learning, and administrators praised staff members, students and parents for their cooperation in ensuring a quick and smooth transition from a physical classroom to the home.

"Our teachers and students have completed their first week of remote learning, and they have demonstrated a continued commitment to education even during the current school building closures," Stokes said. "I'm sure it has been an adjustment for many families. Not only are many parents learning to work from home, but now they are also learning this new task while juggling the needs of their children and their schoolwork."

Stokes said for parents of graduating seniors, the district will not impose penalties for any "unforeseen changes" due to COVID-19 and that he understands any disappointments resulting in the lack of social activities or opportunities at this time students might miss out on at this time.

"I know the suspension or cancellation of events and activities is disappointing," he said. "However, I know your strength and am confident we will get through this challenging time.



